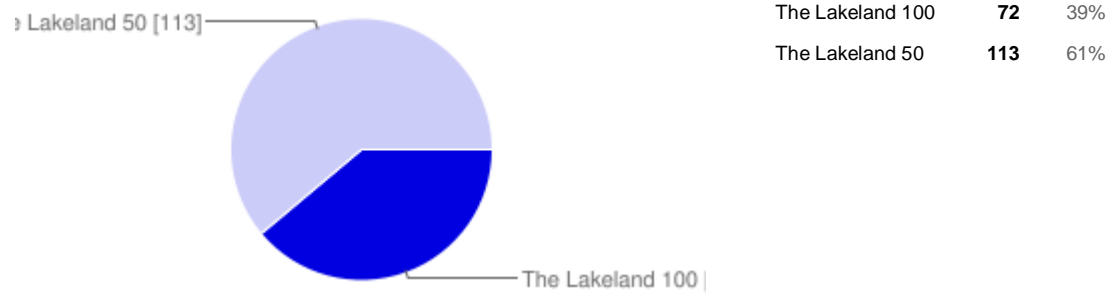


## Montane Lakeland 50 & 100 Competitor Review

Which event were you competing in?



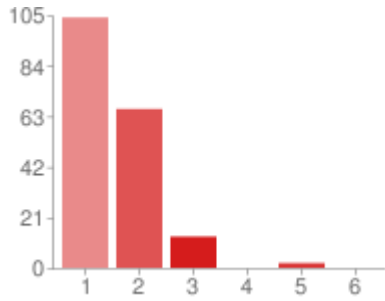
### 1. The online entry process



Very satisfied

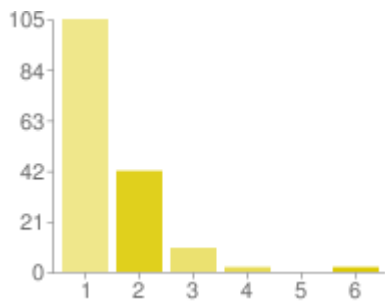
Not satisfied

**2. The general information on the L100 website**



1 - Very satisfied	<b>104</b>	56%
2	<b>66</b>	36%
3	<b>13</b>	7%
4	<b>0</b>	0%
5	<b>2</b>	1%
6 - Not satisfied	<b>0</b>	0%

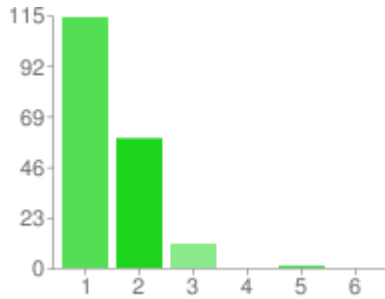
Very satisfied Not satisfied  
**3. Any pre-race contact with the organisers**



1 - Very satisfied	<b>105</b>	57%
2	<b>42</b>	23%
3	<b>10</b>	5%
4	<b>2</b>	1%
5	<b>0</b>	0%
6 - Not satisfied	<b>2</b>	1%

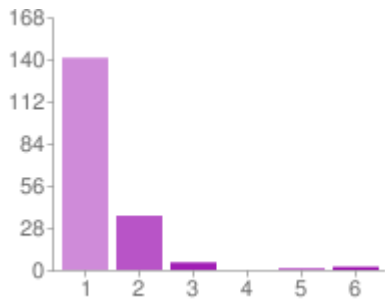
Very satisfied Not satisfied

**4. Keeping you informed – Newsletters, Competitor Area etc**



1 - Very satisfied	<b>114</b>	62%
2	<b>59</b>	32%
3	<b>11</b>	6%
4	<b>0</b>	0%
5	<b>1</b>	1%
6 - Not satisfied	<b>0</b>	0%

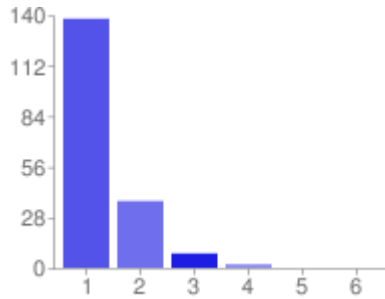
Very satisfied Not satisfied  
**5. The Race Notes distributed just before the event**



1 - Very satisfied	<b>141</b>	76%
2	<b>36</b>	19%
3	<b>5</b>	3%
4	<b>0</b>	0%
5	<b>1</b>	1%
6 - Not satisfied	<b>2</b>	1%

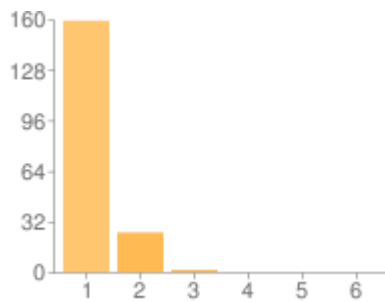
Very satisfied Not satisfied

## 6. The Registration Process



1 - Very satisfied	<b>138</b>	75%
2	<b>37</b>	20%
3	<b>8</b>	4%
4	<b>2</b>	1%
5	<b>0</b>	0%
6 - Not satisfied	<b>0</b>	0%

## 7. The help given by event organisers/officials

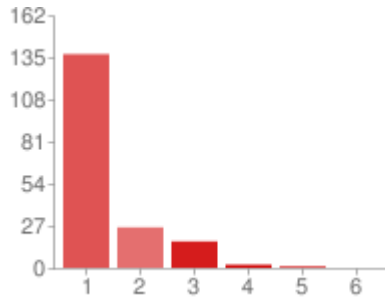


1 - Very satisfied	<b>159</b>	86%
2	<b>25</b>	14%
3	<b>1</b>	1%
4	<b>0</b>	0%
5	<b>0</b>	0%
6 - Not satisfied	<b>0</b>	0%

Very satisfied

Not satisfied

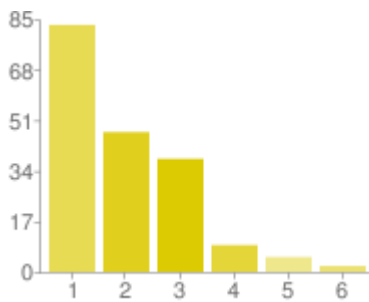
### 8. Pre-race briefings



1 - Very satisfied	<b>137</b>	74%
2	<b>26</b>	14%
3	<b>17</b>	9%
4	<b>2</b>	1%
5	<b>1</b>	1%
6 - Not satisfied	<b>0</b>	0%

Very satisfied  
9. On site food

Not satisfied

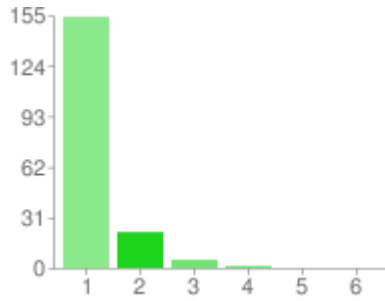


1 - Very satisfied	<b>83</b>	45%
2	<b>47</b>	25%
3	<b>38</b>	21%
4	<b>9</b>	5%
5	<b>5</b>	3%
6 - Not satisfied	<b>2</b>	1%

Very satisfied

Not satisfied

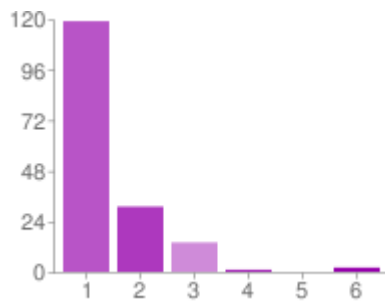
### 10. On site parking



1 - Very satisfied	<b>154</b>	83%
2	<b>22</b>	12%
3	<b>5</b>	3%
4	<b>1</b>	1%
5	<b>0</b>	0%
6 - Not satisfied	<b>0</b>	0%

Very satisfied                      Not satisfied

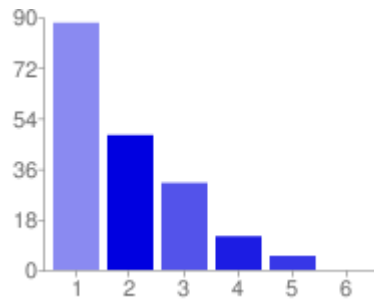
### 11. On site camping



1 - Very satisfied	<b>119</b>	64%
2	<b>31</b>	17%
3	<b>14</b>	8%
4	<b>1</b>	1%
5	<b>0</b>	0%
6 - Not satisfied	<b>2</b>	1%

Very satisfied                      Not satisfied

## 12. General facilities

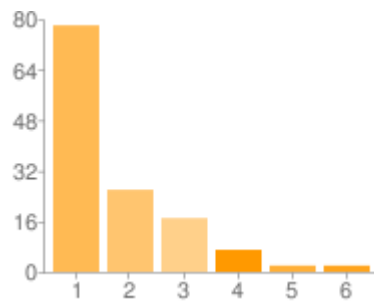


1 - Very satisfied	<b>88</b>	48%
2	<b>48</b>	26%
3	<b>31</b>	17%
4	<b>12</b>	6%
5	<b>5</b>	3%
6 - Not satisfied	<b>0</b>	0%

Very satisfied

Not satisfied

## 13. Transport arrangements (L50)

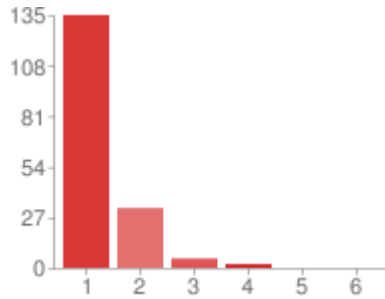


1 - Very satisfied	<b>78</b>	42%
2	<b>26</b>	14%
3	<b>17</b>	9%
4	<b>7</b>	4%
5	<b>2</b>	1%
6 - Not satisfied	<b>2</b>	1%

Very satisfied

Not satisfied

#### 14. Post-race reception

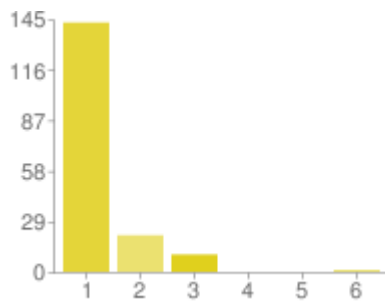


1 - Very satisfied	<b>135</b>	73%
2	<b>32</b>	17%
3	<b>5</b>	3%
4	<b>2</b>	1%
5	<b>0</b>	0%
6 - Not satisfied	<b>0</b>	0%

Very satisfied

Not satisfied

#### 15. Medical/physio support

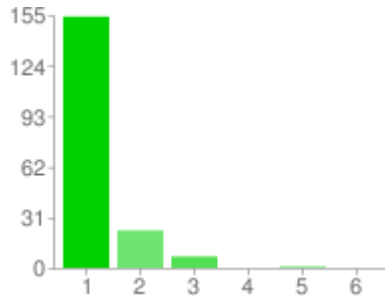


1 - Very satisfied	<b>143</b>	77%
2	<b>21</b>	11%
3	<b>10</b>	5%
4	<b>0</b>	0%
5	<b>0</b>	0%
6 - Not satisfied	<b>1</b>	1%

Very satisfied

Not satisfied

### 16. SPORTident dibber and timing system

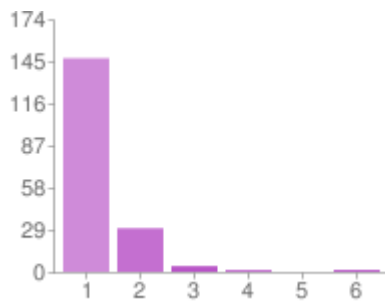


1 - Very satisfied	<b>154</b>	83%
2	<b>23</b>	12%
3	<b>7</b>	4%
4	<b>0</b>	0%
5	<b>1</b>	1%
6 - Not satisfied	<b>0</b>	0%

Very satisfied

Not satisfied

### 17. Support at Checkpoints



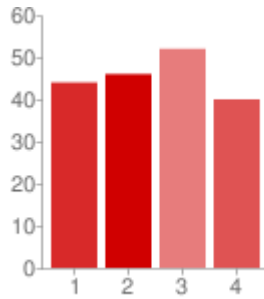
1 - Very satisfied	<b>147</b>	79%
2	<b>30</b>	16%
3	<b>4</b>	2%
4	<b>1</b>	1%
5	<b>0</b>	0%
6 - Not satisfied	<b>1</b>	1%

Very satisfied

Not satisfied

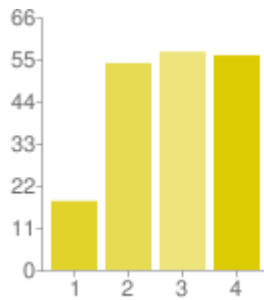


**20. NAVIGATION - How much did you rely on the roadbook?**



1 - A lot	<b>44</b>	24%
2	<b>46</b>	25%
3	<b>52</b>	28%
4 - Not at all	<b>40</b>	22%

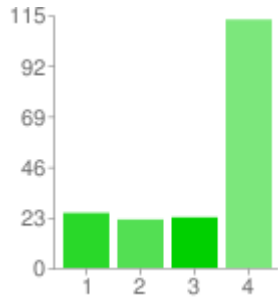
**21. NAVIGATION - How much did you rely on the map?**



1 - A lot	<b>18</b>	10%
2	<b>54</b>	29%
3	<b>57</b>	31%
4 - Not at all	<b>56</b>	30%

A lot                      Not at all

22. NAVIGATION - How much did you rely on GPS?



1 - A lot	<b>25</b>	14%
2	<b>22</b>	12%
3	<b>23</b>	12%
4 - Not at all	<b>113</b>	61%

A lot

Not at all