

LAKELAND 100
CONISTON NERVE CENTRE
L100 REGISTRATION, START AND FINISH
L50 REGISTRATION AND FINISH



JOHN RUSKIN SCHOOL
CONISTON

(Ignore
reference to
Bluebird Café
on image
below)



Registration venue and Race HQ
SI-card electronic timing station
All facilities available – toilets, showers in school
Car parking (directed) on field
Camping on field
Food available throughout the Friday, Saturday, Sunday
Hot meal provided for all competitors at finish