

LAKELAND 100
CHECKPOINT 6 - BLENCATHRA CENTRE
Checkpoint Staff: Bradbury Consulting



- Location: Out of Threlkeld on Blease Road.
- Nearest postcode: CA12 4SG
- Grid reference: 302256
- Facilities available: electricity, water, toilets, chairs, tables
- Feeding: YES – malt loaf, biscuits, hot drinks, water
- SI-card electronic timing
- Comms link to Race HQ
- Next checkpoint: Dockray
- Distance to next checkpoint: 12.4km ((7.7m)
- Ascent: 439m (1440ft)
- Descent: 313m (1027ft)
- Distance covered so far: 67.8km (42m)