

LAKELAND 100
CHECKPOINT 5 Braithwaite
Checkpoint Staff: Tony & Giselle



CP5

- Location: St Hubert's Church Hall in Braithwaite
- In Braithwaite village. Just off A66, 2.7 miles from Keswick towards Cockermouth
- Nearest postcode: CA12 5TD
- Grid reference: 232237
- All facilities available (electricity, water, toilets, chairs, tables)
- Feeding: YES – THE FIRST FULL HOT FOOD STOP - pasta, rice pudding, biscuits, hot drinks, coke.
- SI-card electronic timing station
- Comms link contact to Race HQ
- Next checkpoint: Blencathra Centre
- Distance to next checkpoint: 13.2km (8.2m)
- Ascent: 472m (1548ft)
- Descent: 276m (905ft)
- Distance covered so far: 54.6km (34m)